

EEvaluation Test Results Chart

Player's Name: _____

Address: _____

Gender

Birth Date

Height

Weight

Brief Competitive History:

What are your sort-term and long-term tennis goals?

Injury History:

Coach's Name: _____

Address: _____

Email Address: _____

Telephone # : _____

How long have you been coaching this player? _____

REQUIRED TEST RESULTS:

#1 First Step

- Set #1 Touches: _____
- Set #2 Touches: _____
- Set #3 Touches: _____

#2 Footwork to Forehand

- Set #1 Forehand Swings: _____
- Set #2 Forehand Swings: _____
- Set #3 Forehand Swings: _____

#3 Footwork to Backhand

- Set #1 Backhand Swings: _____
- Set #2 Backhand Swings: _____
- Set #3 Backhand Swings: _____

#4 Band Jump

- Number of Jumps _____

#5 Standing Long Jump

- Distance _____

#6 Shoulder Flexibility

- Shoulder Measurement _____
- Distance Between Thumbs _____

#7 Medicine Ball Toss –

- Forehand _____
- Backhand _____
- Serve _____

VIDEO

- Video of a **complete match** of an actual competition

OPTIONAL TEST RESULTS:

#8 Grip Strength Measurement: Using a hand strength dynamometer

- Stronger Hand _____
- Weaker Hand _____

#9 Forehand Power/Strength Measurement: Using a *Keiser Infinity* Cable Machine

- Best Speed Result _____
- Best Power Result _____

#10 Backhand Power/Strength Measurement: Using a *Keiser Infinity* Cable Machine

- Best Speed Result _____
- Best Power Result _____

Payment Information Form

Please complete and return this form & payment along with your
Video and EEvaluation Results Chart

Name: _____

Address: _____

City

State

Zip Code

Country

Telephone #: _____ E-mail Address: _____

Method of Payment:

Check: Please enclose your check for the exact amount of purchase payable
to: **The Etcheberry Experience**

Credit Card: We do not keep your number on file.

Visa Master Card American Express Discover Other _____

Credit Card # _____ Expiration Date _____

Name As It Appears on the Card: _____

All materials should be mailed to:

Etcheberry **EEvaluations**
The Etcheberry Experience
4 Hidden Pond Drive
Reading, PA 19607